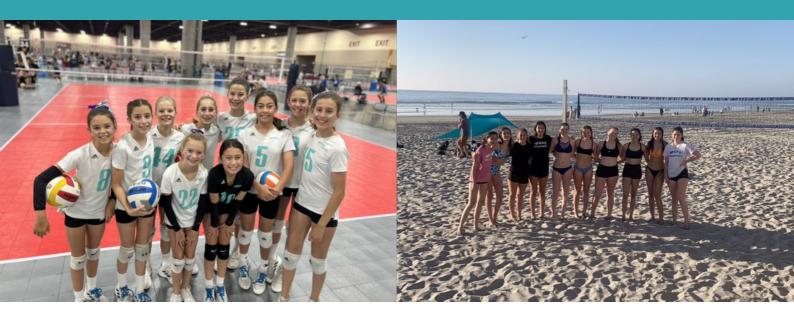


# **2023 SUMMER CAMPS & CLINICS** COMPREHENSIVE VOLLEYBALL TRAINING



# WELCOME TO WAVE VOLLEYBALL A MESSAGE FROM OUR DIRECTORS

We are a nationally-ranked club founded on a passion for the game of volleyball and the pursuit of excellence. Our goal is to provide a fantastic experience for each family and athlete regardless of level.

The summer season offers an opportunity for all athletes to progress in both physical and mental aspects of the sport, whether a beginner or seasoned player. The variety of camps & clinics available ensures each individual will be able to achieve their personal goals when it comes to their game. WAVE Beach "Summer" has something for every athlete. Players are broken up by playing experience into stable groups, which allows our passionate staff to specifically target their needs while challenging them to improve in a safe environment.

Newer athletes are taught proper technique through fun, fast paced skill progressions & games. Experienced athletes are introduced to advanced strategies and skills through competitive drills & games. All athletes can expect expert level coaching in a stress free setting where learning and connections are encouraged.

See you on the court!

**Brennan Dean, Executive Director** 

GROW YOUR GAME with WAVE Beach!

Matt Olson, Beach Director

## VISIT WAVEVB.COM FOR ALL REGISTRATION GIRLS | BOYS | BEACH | AGILITY & STRENGTH

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## LEARN THE GAME ·····

#### Co-Ed Ripple (K-2nd Grade) \$80-\$105

A perfect introduction to the game of volleyball in a fun, fast paced, non-competitive atmosphere (open to boys & girls). Indoor & Sand Combo (3rd-6th) \$175-\$235

Designed for girls new to the game or who want to continue learning, this camp will provide age and skill-level appropriate training on both surfaces as athletes train on both the indoor and sand facility courts.

Co-Ed Ripple - 11:30a-12:30p\* | Indoor & Sand Combo 9a-12:30p All sessions are Monday - Thursday

Session 1: June 5-8	Session 6: July 10-13 *Ripple 9-10a
Session 2: June 12-15	Session 7: July 17-20 *Ripple 9-10a
Session 3: June 19-22	Session 8: July 24-27
Session 4: June 26-29	Session 9: July 31-Aug 3 *No Ripple Camp
Session 5: July 5-7 *3 Days	Session 10: August 7-10 *No Ripple Camp

# • GROW YOUR GAME ·····

#### WAVE Weekend Workshop (6th-8th) \$175-\$275

WAVE's newest girls' camp! Come train in the weight room, indoor, and the sand! June 24-25 & July 8-9 | Times vary by age group and selection, beach is an optional add-on

#### **Girls High Intensity Camp (9th-12th) \$165**

This camp has been redesigned, featuring drills and training techniques that have propelled WAVE athletes to high-level college volleyball careers and beyond.

10th - 12th Graders: July 10-19 (M/W/F), 9-11a (5 total sessions) Incoming 9th Graders: July 6-20 (T/Th), 9-11a (5 total sessions)

### Girls All Skills Indoor (6th-8th) \$255-\$305

Experience elite technical training that will challenge and enhance your game across all skills and positions on the court.

Tuesdays & Thursdays, July 6-August 10, 4-6p - (11 total sessions - limited prorate available)

### Girls High-Repetition Serve Receive (7th-12th) \$125

Get focused, high-repetition, targeted practice to improve in WAVE's Serve Receive intensive camp.

Tuesdays & Thursdays, July 6-20, 3-4p (5 total sessions)

### Girls Indoor Skill Specific (7th-12th) \$145

Three days of focused, technical training for hitting/blocking, setters/middles, backcourt, and serve receive/passing to elevate these specific skills.

Specific dates & times at wavevb.com

### Girls High School Tune-Up (9th-12th) \$75

Shake off the summer and get ready for club and/or high school tryouts with this all-skills repetition camp. Friday, July 21: 9th Graders 8-10:30a / 10th-12th Graders 10:30a-1p

# ACCENTUATE YOUR GAME •

### Co-Ed Setter Leadership (6th-12th) \$90

Mental training for the "quarterback" position of volleyball. Improve your approach to thinking about game strategy, relationship with teammates, communication, and active problem solving in challenging situations on the court. \*Designed to best complement our Skill-Specific Setter/Middle camp as an add-on session (open to boys & girls).

> Session 1: M/T/W, July 10-12: 3-4p | Session 2: M/T/W, July 17-19: 3-4p Led by Brennan Dean

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# WAVE BEACH

#### WAVE Beach Club at the Beach (Girls 3rd-12th/Boys 3rd-5th) \$100-\$145

No matter your level of volleyball skill, the sand offers an opportunity to build all aspects of the game at North "Dog" Beach.

10 weeks to choose from on wavevb.com M-Th June 5 - August 10 | 9-11a See wavevb.com for complete details

#### Summer Girls Beach Club at WAVE (Girls 6th-12th) \$275-\$580

Our popular 2X/WK summer training program located at our Sand Facility! Train the entire summer or select a season of the summer than works best for your family.

#### Indoor & Sand Combo (Girls 3rd-6th) \$175-\$235

Get the best of both worlds by training on both surfaces at our indoor & sand facility. See previous page for all info.





WAVE North & South Gym 15555 Jimmy Durante Blvd Del Mar, CA 92014

### CONTACT US

<u>WAVEVB.COM</u> 877-417-WAVE (9283) **WAVE Beach Location** 

North "Dog" Beach 3200 Camino del Mar Del Mar, CA 92014

# WAVE BOYS

#### Co-Ed Ripple (K-2nd) \$80-\$105

A perfect introduction to the game of indoor volleyball in a fun, fast paced, non-competitive atmosphere.

We offer 8 sessions to choose from (June 5 - July 27) See previous page for more details.

#### **Boys Fundamental Training Camp (3rd-8th) \$125**

Our beginner to entry-level indoor boys camp will focus on learning all skills, playing games, and having fun!

July 24 - July 27 | 1-3p

#### WAVE Boys Beach Camps (6th-12th) \$100-\$145

No matter your level of volleyball skill, the sand offers an opportunity to build all aspects of the game at North "Dog" Beach. 10 weeks to choose from!

M-Th June 5 - August 10 | 11:15a-1:15p

**Boys "Key3" College Recruitment Camp** \$395 August 1-3 or August 7-9

Boys Indoor Open Gym (7th-12th) \$45 T/Th July 11 through Aug 24 | 6-8p & 8-10p

<u>Co-Ed Setter Leadership (6th-12th)</u> \$90 See previous page for all info.

GIRLS | BOYS | BEACH | AGILITY & STRENGTH