

WAVE
VOLLEYBALL

WAVE
BEACH

2024 SUMMER CAMPS & CLINICS

COMPREHENSIVE VOLLEYBALL TRAINING



WELCOME TO WAVE VOLLEYBALL

A MESSAGE FROM OUR DIRECTORS

We are a nationally-ranked club founded on a passion for the game of volleyball and the pursuit of excellence. Our goal is to provide a fantastic experience for each family and athlete regardless of level.

The summer season offers an opportunity for all athletes to progress in both physical and mental aspects of the sport, whether a beginner or seasoned player. The variety of camps & clinics available ensures each individual will be able to achieve their personal goals when it comes to their game.

See you on the court!

Brennan Dean, Executive Director

WAVE Beach "Summer" has something for every athlete. Players are broken up by playing experience, which allows our passionate staff to specifically target their needs while challenging them to improve in a fun environment.

Newer athletes are taught proper technique through fun, fast paced skill progressions & games. Experienced athletes are introduced to advanced strategies and skills through competitive drills & games. All athletes can expect expert level coaching in a stress free setting where learning and connections are encouraged.

GROW YOUR GAME with WAVE Beach!

Matt Olson, Beach Director

VISIT [WAVEVB.COM](https://wavevb.com) FOR ALL REGISTRATION

GIRLS | BOYS | BEACH | AGILITY & STRENGTH

LEARN THE GAME

Co-Ed Ripple (K-2nd Grade)

A perfect introduction to the game of volleyball in a fun, fast paced, non-competitive atmosphere (open to boys & girls).

Indoor & Sand Combo (3rd-6th)

Designed for girls new to the game or who want to continue learning, this camp will provide age and skill-level appropriate training on both surfaces as athletes train on both the indoor and sand facility courts.

Co-Ed Ripple - 11:30a-12:30p | Indoor & Sand Combo 9a-12:30p*

All sessions are Monday - Thursday unless noted

Session 1: June 3-6

*Session 2: June 10-13 *Ripple 9:30-10:30*

Session 3: June 17-20

Session 4: June 22-27

*Session 5: July 1-3 *3 Days*

Session 6: July 8-11

Session 7: July 15-18

Session 8: July 22-25

Session 9: July 29-Aug 1

Session 10: August 5-8

GROW YOUR GAME

WAVE Workshop (6th-8th)

Experience everything WAVE has to offer! Come train in the weight room, indoor, and the sand!

Friday & Saturday June 28-29 | Times vary by age group and selection, beach is an optional add-on

Girls High Intensity Camp (9th-12th)

Ran by WAVE's directors, featuring drills and training techniques that have propelled WAVE athletes to high-level college volleyball careers and beyond.

10th - 12th Graders: July 15-24 (M/W/F), 9-11a (5 total sessions)

Incoming 9th Graders: July 16-25 (T/TH/SAT), 9-11a (5 total sessions)

Girls All Skills Indoor (6th-8th)

Experience elite technical training that will challenge and enhance your game across all skills and positions on the court.

July 9-August 8 (T/TH), 4-6p - (10 total sessions - limited prorata available)

Girls High-Repetition Serve Receive (7th-12th)

Get focused, high-repetition, targeted practice to improve in WAVE's Serve Receive intensive camp.

July 16-25 (T/TH/SAT), 3-4p (5 total sessions)

Girls Indoor Skill Specific (7th-12th)

Three days of focused, technical training for hitting/blocking, setters/middles, backcourt, and serve receive/passing to elevate these specific skills.

Specific dates & times at wavevb.com

Girls High School Tune-Up (9th-12th)

Shake off the summer and get ready for club and/or high school tryouts with this all-skills repetition camp.

Friday, July 26: 9th Graders 8-10:30a / 10th-12th Graders 10:30a-1p

ACCENTUATE YOUR GAME

Co-Ed Setter Leadership (6th-12th)

Mental training for the "quarterback" position of volleyball. Improve your approach to thinking about game strategy, relationship with teammates, communication, and active problem solving in challenging situations on the court.

*Designed to best complement our Skill-Specific Setter/Middle camp as an add-on session (open to boys & girls).

Session 1: July 15-17 (M/T/W): 3-4p | Session 2: July 22-24 (M/T/W): 3-4p

Led by Executive Director Brennan Dean

VISIT WAVEVB.COM FOR ALL REGISTRATION

WAVE BEACH

Beach Club @ The Beach (Girls 3rd-12th/Boys 3rd-5th)

No matter your level of volleyball skill, the sand offers an opportunity to build all aspects of the game at North "Dog" Beach.

10 weeks to choose from on wavevb.com

M-Th June 3 - August 8 | 9-11a

See wavevb.com for complete details

Girls Beach Club at WAVE (6th-12th)

Our popular 2X/WK summer training program located at our Sand Facility! Train the entire summer or select a season of the summer that works best for your family.

Girls Indoor & Sand Combo (3rd-6th)

Get the best of both worlds by training on both surfaces at our indoor & sand facility. See previous page for all info.

Boys Beach Club @ The Beach (6th-12th)

No matter your level of volleyball skill, the sand offers an opportunity to build all aspects of the game at North "Dog" Beach.
10 weeks to choose from!

June 3 - August 8 (M-TH) | 11:15a-1:15p



WAVE BOYS

Co-Ed Ripple (K-2nd)

A perfect introduction to the game of indoor volleyball in a fun, fast paced, non-competitive atmosphere.

We offer 10 sessions to choose from (June 3 - August 8)

See previous page for more details.

Boys Fundamental Training Camp (3rd-8th)

Our beginner to entry-level indoor boys camp will focus on learning all skills, playing games, and having fun!

July 29 - August 1 (M-TH) | 1-3p

Boys "Key3" College Recruitment Camp (9th-12th)

2 Sessions to Select from - Dates Coming Soon

Boys Indoor Open Gym (7th-12th)

July 9 through Aug 22 (T/TH) | 6-8p & 8-10p

Boys Instructional Workouts (7th-12th)

July 14/July 21/ Aug 4 (SUN) | 10a-12p *Must be signed up for Open Gyms to participate

Co-Ed Setter Leadership (6th-12th)

See previous page for all info.

WAVE North & South Gym

15555 Jimmy Durante Blvd
Del Mar, CA 92014

CONTACT US

WAVEVB.COM
877-417-WAVE (9283)

WAVE Beach Location

North "Dog" Beach
3200 Camino del Mar
Del Mar, CA 92014

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